



**IntraHealth**  
INTERNATIONAL  
Because Health Workers Save Lives.



# NAMIBIA

Since its independence from South Africa in 1990, Namibia has developed into an upper middle-income country. But most of its people continue to live in poverty. HIV prevalence—much improved from its peak of 22% in 2002—is still 17.2% among pregnant women (Sentinel Survey 2016) and 13% among the general population.

Due to its classification as an upper middle-class country, Namibia faces a new challenge of foreign development assistance which has been steadily decreasing over years and is expected to decrease even further in future. As a result, the Namibian government must allocate more resources to sustain HIV programs and its entire health workforce. To sustain its gains on national HIV/AIDS response the Government of Namibia is increasing its domestic funding.

Since 2006, IntraHealth International, with support from USAID, has worked with the Namibian government, faith-based organizations and local partners to make HIV counselling, testing, prevention, care, and treatment services more widely available in high prevalence areas. IntraHealth provides training, mentoring, and supportive supervision to help health workers deliver high-quality, comprehensive health services.

IntraHealth Namibia, established in 2014, is a local entity (section 21 company) that supports and assists the government of Namibia and local institutions as they build the capacity of Namibia's human resources for health and client-level data systems.

## **DREAMS/Twagamenwa (“We are Safe”) (2018–2023)**

DREAMS aims to avert new HIV infections among adolescent girls and young women through the delivery of combination HIV prevention and impact mitigation interventions in Namibia, focusing on three districts in the Oshikoto Region: Omuthiya, Onandjokwe and Tsumeb. IntraHealth Namibia and IntraHealth International collaborate to lead HIV prevention



**313,582+ individuals  
received HIV test results**



**47,397+ adults and  
children enrolled in  
antiretroviral therapy**



**10,600+ HIV-positive  
pregnant women on  
antiretroviral therapy**

and sexual health services for DREAMS, including linkages to other prevention, care and treatment services, as well as provision of clinical services to survivors of gender-based violence at public health facilities.

### **USAID HIV Clinical Services Technical Assistance Project (UTAP) (2015–2019)**

Funded by the US Agency for International Development, UTAP expands HIV prevention, care, and treatment services to areas of high HIV burden (designated as PEPFAR priority regions and hotspot sites). UTAP is helping achieve HIV epidemic control in Namibia by carrying out the following initiatives in eight districts:

- Expanding services to address unmet need for antiretroviral therapy (ART) by targeting facility-based HIV prevention/testing services and linkages to care
- Improving early initiation of ART, adherence, and retention among persons living with HIV to achieve viral load suppression
- Improving the quality of clinical care using standardized tools
- Providing clinical training and mentorship for health workers
- Applying differentiated care and treatment models based on client needs and preferences
- Decentralizing HIV services to primary health care facilities
- Implementing cervical cancer screening and treatment services at three high-volume hospitals

UTAP collaborates with the Ministry of Health and Social Services and faith-based organizations to develop and implement advocacy campaigns which provide communities with information on HIV, including why it is important to know one's status, how to prevent HIV transmission, how to access and adhere to HIV treatment, and healthful behaviors for adolescents and young adults.

Through UTAP, IntraHealth Namibia is leading the redesign, development and rollout of an improved electronic patient management system. The system will capture and manage electronic health records of patients on antiretroviral therapy in Namibia's public

health facilities, to ensure better quality data and reporting of the HIV program as the nation strives to achieve UNAIDS 90-90-90 targets by 2020.

### **Workload Indicators of Staffing Needs in Namibia (2013–Present)**

In 2013, IntraHealth worked with the Ministry of Health and Social Services to help Namibia become the first country to conduct a national assessment using the World Health Organization tool, Workload Indicators of Staffing Needs.

IntraHealth helped update staffing norms for all public health facilities. The ministry has since used the WISN observations to assist in their restructuring efforts and to advocate for finance for additional staffing.

In 2018, IntraHealth assisted the ministry in developing a national Human Resources for Health Situational Analysis and estimated workforce projections up to 2030. These analyses will be used to create an HRH Strategic Plan and implement National Health Workforce Accounts in the country.

### **Global Health Supply Chain Program-Procurement and Supply Management (GHSC-PSM) (2016–Present)**

IntraHealth is partnering with Chemonics to implement the USAID GHSC-PSM. PSM activities focus on targeted technical assistance to the ministry on Central Medical Store reform in such areas as warehousing, transportation, procurement, and financing.

### **Past projects and funders**

- Coordinating Comprehensive Care for Children (4Children), 2017-2018 (USAID)
- CapacityPlus, 2012–2015 (USAID)
- Capacity Building for Country-Owned HIV/AIDS Services, 2008–2014 (USAID)
- The Capacity Project, 2006–2008 (USAID)
- The Southern Africa Human Capacity Development Coalition, 2006–2009 (USAID)

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